

## Formation of Adolescent Girls' Spiritual Outlook Based on Oriental Education

**Kuchkharova Aysha Altibayevna**

Teacher, Samarkand State Medical University  
Samarkand, Uzbekistan

**Abstract.** *In this article, the development of spiritual and moral consciousness of adolescent girls, self-awareness and improvement based on moral values, psychological conditions of modern adolescents, special attention to girls in Uzbek families, their national Based on the values, moral, dignified, thrifty, intelligent upbringing and educational work carried out in the family are described. Also, the role of the mother in the family and its relevance to the development of the society are highlighted.*

**Key words:** *spiritual and moral development, will, voluntary development of teenagers, spiritual and moral values, family education, family environment, prayer, honor, thrift, smart girl, example here, attention to the woman.*

If we look at history, there is information that the ideas about manners, upbringing of women, mother and woman were formed at the beginning of the first millennium BC. In the oldest written sources, ethical ideas are interpreted in the Avesta, the holy book of Zoroastrianism. The Holy Qur'an-Karim and Hadith-Sharifs describe the valuable thoughts of Muslim people about women and girls in the formation of human qualities such as worldview, philosophy, spirituality, morals, faith, all-round perfection. It is stated in the hadiths that "consult mothers about the marriage of girls." Humanity has emerged that child education is one of the most urgent issues. In any society and system, education and prospects of the next generation are among the primary tasks. After all, the development of the Motherland and the prospects of the nation are closely related to the development of the boys and girls growing up on this earth. At different times, attention to child education was at different levels. The pages of history have repeatedly testified that a society that does not think about the future of its generation will face a crisis and fall into disarray. Today, the majority of the population of Uzbekistan is made up of young people. Protecting their interests, allowing them to grow up mature and study, work and create opportunities under favorable conditions is the priority of the state policy regarding youth. The outlook, life goals, social goals, and behavior of young people are very compatible with the future destiny of our country. In Uzbek views, special attention has been paid to the education of girls since ancient times. In Uzbek culture, girls' behavior, speech, behavior, and dexterity are on people's lips from the moment they appear. In our country, more importance is attached to a girl child's good behavior, dexterity, agility, cooking skills than her beauty.

If we look at the lives of our past generations, we have before our eyes Oybarchin, To'maris, Kutlug'nigorkhanim, Gavharshodbegim, Zebiniso, Uvaisiy, Nadira - we can name hundreds more - women who are fierce, intelligent, along with their patience, they also set an example with their modesty. Kaikovus shows that another important duty of the parents is that when the child reaches adulthood, he should marry if it is a boy, and if it is a girl, he should fulfill his duty. He especially notes that it is necessary to pay attention to the upbringing of a girl child and take care of her: "If you have a daughter, give her to the midwives of Mastura, so that they will take good care of her and she will grow up." give it to my teacher ... After reaching adulthood, try to give her a husband, show her mercy and kindness, and the girl will be a prisoner of her

father." So, if a woman is the educator of children, husbands, and even the nation, who will educate her herself? This question expresses, so to speak, the purpose of society. After all, isn't our goal to build a good, happy future? Therefore, today, every citizen who considers himself an intellectual, who can connect his fate with the fate of the homeland, the nation, must join this great work. Because educating a man means educating a person, and educating a woman means educating a nation. This should never be forgotten.

One of the philosophers was right when he said, "Give us good mothers, and we will grow up to be good people." At the same time, we need good people for our spiritual purification, national revival and empowerment. The President said that it is important to prepare girls for life, to teach them modern knowledge and skills, to widely involve them in the fields of science, culture, art, and sports, and I think that all of us they said today's speech when they said "we understand well". High school age (adolescence 12-15 years old). The complexity of adolescence is associated with strong changes in anatomical, physiological and psychological characteristics. The child's growth accelerates. This period is also called transition period. During this period, puberty begins. It affects the character of the child. Work, play, sports and community work play a big role in the life of a teenager. Some will lose their mastery, their discipline will loosen.

The following situations are noticeable in the psyche of today's teenagers:

1. Intellectual development - ability to think, requires organization of mental activity at a high level, interest in learning increases. During this period, holding clubs, studios, sections, and various events is of great importance. Their interest in reading will increase.

2. Self-awareness, assessment, education is formed. He starts comparing himself with others. But in addition to the above, there will be complex contradictions in the character of a teenager.

This is considered a new beginning of adolescent activity, new traits in behavior. But not all teenagers have a high level of curiosity. 38 percent of teenagers are not interested in studying any academic subjects. Others were found to be interested in three or two academic subjects, and in most cases, only one academic subject. The interest of young teenagers depends on their education. But their interest, as well as reading, is not stable. 21 percent of teenagers participate in various clubs, and the rest are involved in sports or music. 40 percent of students do not have stability in participating in extracurricular activities. The most important interest is focused on television broadcasting. 88 percent of teenagers watch TV every day. In order to find out the answer to the question of how they spend a normal day with their free will, the results of the study noted the following: 85 percent of teenagers spend their time on their own, 70 percent watch movies or TV, 50 percent do sports, 45 percent rest by sleeping or lying down. Also, the number of teenagers who go to school to avoid bad grades is 15 percent. Adolescents develop a need to achieve something. The fulfillment of social requirements by them affects the development of the nervous system. Therefore, school life is full of "difficult" tasks. At this age, teenagers try to show their independence in front of adults. The demand for self-education grows. They painfully accept the assessments of adults as "lazy", "rude", "inattentive", "incompetent".

In adolescence, the difference between boys and girls increases. Intellectual skills decrease from grade VII. Therefore, it is necessary to pay great attention to the development of children during this period. As a result of self-education, boys are strong, free, attentive, brave; and girls - become very docile, humble and serious. Therefore, it is necessary to help the teenager in planning his time. By the age of 13-14, a sense of duty, responsibility, and self-control begin to appear in a teenager. It is important to respect the personality of a teenager, not to belittle him, to recognize that he has become an adult. The influence of the social environment on the individual is also important. This is done through the education system. First of all, under the influence of upbringing, knowledge and information that the environment could not provide, skills and competencies related to labor and technical activities are formed. Secondly, due to education, congenital defects are also changed and the person matures. Thirdly, with the help of education, it is possible to eliminate

the negative effects of the environment. Fourth, education sets a goal for the future. Conclusion They say that behind a great man is a great woman. We know well from history that there were mothers who inspired and helped the people of the world to great discoveries and great deeds. When Imam Bukhari lost his sight when he was young, his mother was very sad and cried and prayed to God to open her eyes. After a long period of obedience, he sees Abraham in a dream and he brings the good news that "your son's eyes will be opened". When the mother wakes up and looks, her son starts to see again. His Holiness Imam Bukhari, who was orphaned from his father at an early age, is always with his intelligent, intelligent, pious mother. He also goes to Hajj with his mother and brothers, stays there and studies. Dmitri Mendeleev was born as the 17th child in the family. After his birth, his father lost sight of him and fell into depression, and his mother, Maria Dmitriyeva, took care of the livelihood and upbringing of the children. Young Dmitry always walks with his mother. Educated, intelligent Maria teaches her son to read at the age of four and gives a great impetus to his further discoveries and science. Mendeleev said that whatever he does, he does it to please his mother. Steve Jobs's mother, Clara Jobs, motivated Steve when he was a teenager, saying, "You are a unique, special person like no one else, I believe in you, you will do great things." When Steve started his business in the garage of the house, his mother helped out by answering the phones and doing administrative work. A philosopher's aphorism "Give us great mothers, we will give you great geniuses" is very famous. In fact, if we want to raise the nation, we must educate future mothers and daughters to be educated and broad-minded. The experience of self-education of a teenager is a system of knowledge and skills formed in the process of practical actions through knowing oneself and others and strengthened in activities aimed at changing one's qualities and behavior in accordance with the moral and moral order. .

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